



## Woodville Community Dog Training Centre **WOODVILLE WOOF** **MARCH 2023**

### **From the President - Leann Hoppo**

Welcome to our first Woodville Woof for 2023. Quite a few changes so far this year at WCDTC, and more to come.

We are happy to announce the appointment of our new Chief Instructor, Carol Robins. Carol is a former Chief Instructor at WCDTC as was her brother Andrew, and Carol has been a popular Instructor with us the over the last few years. She has brought a wealth of training knowledge, gained over years of trialling, training, fostering and going above and beyond to learn as much as possible about dogs and how to work with them. When you visit our shop you'll notice her name appears multiple times on the Honour Boards on the Clubrooms' walls, testament to her training skills.

Carol has been instrumental in recruiting 3 Aspiring Instructors so far this year, and is always on the lookout for more.

Volunteers are always required, Aspiring Instructors, Class Assistants, General Volunteers for the Rainbow Shop, Rainbow Café and equipment set up/tidy up. We are always in need of computer literate people also, who would be interested in working from home updating documents, lists etc. Please email [info@woodvilledogtraining.com.au](mailto:info@woodvilledogtraining.com.au) or ask at the shop on Sunday mornings if interested.

Both the Rainbow Shop and Rainbow Café are doing well, with the vertical storage mentioned in the December Woof proving popular, space saving and an easy, effective way of displaying products.

This year we also expanded our range of treats to include a couple of different suppliers with different products, mainly a variety of dog biscuits and more fish products. Kong Products have also been introduced and our Innovative Lickimat range has been extended to include other products from that supplier's range, such as UFO's and feeding bowls.

If you are unaware, this year's Doggy Day on the Green will be held on Sunday, 7<sup>th</sup> May from 11 a.m. until 2 p.m. at Point Malcolm Reserve, Military Road, Semaphore Park. Please pop in, have a look at the many and varied service/product providers, and come and say hello if you're in the area near the WCDTC Marquee.

We have recently introduced a Social Membership for those who have completed their formal training at WCDTC but would like to take advantage of the social side of training. You can enjoy a hearty breakfast or coffee and sandwich at the Rainbow Café and spend quality time with your dog and other like minded dog lovers, socialising and doing Rally and Tricks. These are also 2 good ways to build on the skills already learned in the more formal training class setting. You can sharpen both your dog's focus and your own, and continue to challenge yourselves using different training methods.

## From the President - Leann Hoppo (Cont.)

Please see our website for Social Membership pricing details, or ask at the shop or email [info@woodvilledogtraining.com.au](mailto:info@woodvilledogtraining.com.au) for information. Social Memberships can be purchased quickly and easily at the shop window on Sunday mornings.

An important message with respect to open Class training on Sunday mornings. Please bear in mind that we can help with **training** issues, but **behavioural** problems are much different and often require qualified, experienced specialist behavioural Vets and Behavioural trainers.

If you feel your dog may require specialist help, please email [president@woodvilledogtraining.com.au](mailto:president@woodvilledogtraining.com.au) or ask our Chief Instructor, or your Instructor for information. WCDTC uses humane, respectful, science based Force Free training methods. Many training providers use different training methods which may cause further problems for your dog. This is often irreversible. We regularly network with proven, qualified, RSPCA approved trainers for the benefit of your dog and yourself. Please ask for advice so that you can make an informed decision on what type of intervention is in your dog's best interests. The choice is yours.

Our next Induction will be on Tuesday, 4<sup>th</sup> April at 7 p.m. for Classes commencing on Sunday 16<sup>th</sup> April, after the Easter weekend. Don't forget, no training on long weekends.

Finally, a polite request. If you are not intending to renew your annual membership when you receive an invoice or are not returning for any reason, can you please inform us so that we can update our Database and Volunteers are not wasting their time and yours sending Invoices and trying to contact members unnecessarily. An SMS on the Club phone, identifying yourself and stating that you won't be returning – NO RETURN - is all that is necessary – 0429 185 385. You'll then be removed from our Active Members list in our database and stored in our Archives for possible future reference should you return at some time. Both your privacy and wishes will be respected.

Many thanks for your co-operation in this matter.

On behalf of all our Volunteers, may we wish you all a very Happy, Healthy and Safe Easter.

*LEANN HOPPO*

### COVID REMINDER

A number of our volunteers have immune compromised family or are themselves immunocompromised.

Committee has asked that all people attending the Shop or Café please continue to wear a mask and use the hand sanitisers provided

### Newsletter Items

Do you have something of interest you would like to share via the newsletter?

Or something you would like more information on?

Maybe you've seen a great dog article, or have photos to share, recipes for dog food?

Email suggestions to: [newsletter@woodvilledogtraining.com.au](mailto:newsletter@woodvilledogtraining.com.au)  
Please mark Attn: Sue

**We would love to hear from you!**

#### Inside this issue

From the President....	1
Barking .....	3
Boredom Busters .....	4
Trick Training .....	6
Graduation photos ...	7
Doggy Day on Green .	8
Useful Links .....	8
Sponsors .....	9

# BARKING

## How do I get my dog to stop barking?

*Reproduced with kind permission of Pet Professional Guild (Australia) ppgaustralia.net.au*

***All dogs bark. It is a natural way for them to communicate and many of us like our dogs to bark when something happens to alert us. But sometimes we just want them to stop!***

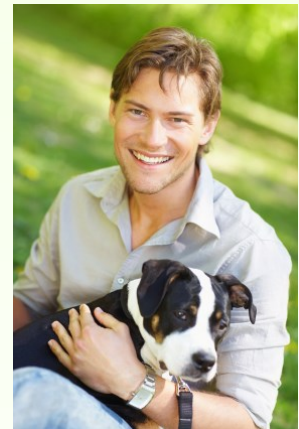
There are many reasons why dogs bark. Being bored, lonely, frustrated, frightened, excited, alerting, are just some examples – and depending upon what we are doing or our mood, we either yell at our dog, do absolutely nothing, or perhaps go and see what our dog is barking at. If we are inconsistent with how we respond to their barking, it's reasonable that they continue to do it. We need to give our dogs some rules. For 'alert' barking we need to teach our dog that it is OK to bark but they need to know when to stop.



### ***So, how do we train it?***

Load yourself up with some of your dog's favourite treats.

Find a quiet spot without any distractions and when your dog is not barking, get his attention and simply feed your dog a treat and at the same time, say 'quiet'. Your dog doesn't have to sit or do anything else – they just need to be quiet. Do this a few times making sure that your dog is still engaged with your 'quiet'. Repeat your training using your word a few times a day, or as often as you can, without boring your dog. Add some congratulatory words too – like 'good dog'. Your dog will learn to know that word 'quiet' earns him a treat or two.



Next time your dog is barking, go and see what they are barking at. Take with you those fantastic treats that you have been using with the word 'quiet'. You will use the treats to reinforce your dog when they stop barking. Place a treat under your dog's nose saying 'quiet'. Your dog will hopefully take your treat and should stop barking – a dog can't bark if there is something in his mouth. Continue to feed your dog a treat saying 'quiet' and tell him how good he is.

However, if he doesn't stop barking you may have to set up situations where your dog will bark so that you can practise your training or try with a higher level reward. If your dog responds to your 'quiet' you know you have the issue resolved and can use it with periodic reinforcement of treats each time.

***If you do this consistently, your dog will learn to stop barking whenever you say 'quiet'.***

Article from PPG Australia (website [www.ppgaustralia.net.au](http://www.ppgaustralia.net.au)). PPG Australia is a membership organisation representing pet industry professionals who are committed to science-based, force-free training and pet care.

# Boredom Busters aka Canine Enrichment

## Canine Enrichment, What is it?

Put simply: Canine enrichment means engaging your dog in activities designed to stimulate their mind and to keep them physically fit at the same time.. Enrichment can be either Passive or Active

1. Passive enrichment: includes visual and auditory enrichment
2. Active enrichment:
  - Food Based Enrichment
  - Physical Enrichment
  - Structural/Environmental Enrichment
  - Olfactory Enrichment
  - Cognitive Enrichment

Check out this link for some great boredom busting games for dogs

<https://barkercise.com/boredom-busters-games-for-dogs/>

## Why is enrichment for dogs important

It is essential for dogs to receive mental enrichment and mind stimulation. This provides for their psychological and physical well-being rather than sleeping all day until their owners come home.

When you compare the lives of animals in nature, there is a huge difference in their activity levels. Animals in nature fill their days with challenging activities such as hunting, scavenging, foraging and gathering food. Even with the best of intentions, our busy lifestyles seldom provide our dogs with the level of activity and mental enrichment they need.

## Benefits of canine enrichment

Providing enrichment for your dog is quite simple, yet the benefits are well worth the small effort. The benefits of dog enrichment include –

- prevent boredom that may result in behaviour issues such as destructive behaviour, nuisance barking or even escaping.
- stimulate and assists in brain growth.
- improves your dog's problem-solving skills.
- builds confidence and social skills.
- allows your dog to be a dog engaging in natural and instinctive behaviours.
- allows for a more balanced and happy dog. Lack of stimulation and enrichment can lead to depression.

## Consequences of not providing enrichment and stimulation our dog's need

Providing for your dog's physical health through exercise is good and very necessary. Channelling your dog's mind is equally as important. Your dog was bred and developed for a purpose. Even if they are a mixed breed they will have the traits of the breed they originate from.

Take into account how much mental enrichment they need. Doing little or nothing towards their needs is a recipe for disaster. If your dog is bored and frustrated by the lack of stimulation you will find out very quickly. Dogs need an outlet for their minds. If they are not provided the opportunity to challenge their minds they will come up with their own ways to achieve this. This usually manifests itself in bad behaviour such as excessive barking, digging, escaping and other destructive behaviours.



Check out this You tube link for a quick video on Canine

Enrichment from Barkercise [The 6 Types of Enrichment for Dogs - YouTube](https://www.youtube.com/watch?v=Q9PBFD47vIo&t=36s)

<https://www.youtube.com/watch?v=Q9PBFD47vIo&t=36s>

On the next page we talk a bit more about the 6 types of enrichment for dogs...



## Boredom Busters aka Canine Enrichment (cont.)

The 6 categories of mental enrichment for dogs are:

### Social enrichment for dogs

This provides the opportunity for your dog to spend time with other dogs and animals, and people often in different environments. Dogs are social animals and off-leash play with other dogs improves their skills at interacting. It also reduces the chances of developing reactivity and fear-based communication issues. Social interaction helps build self-confidence and trust. This social enrichment can be achieved by going for trips to new locations such as the beach or the pet store. If your dog is left at home for long periods of time you may even consider sending them to doggy day care.

### Cognitive enrichment for dogs

This provides the opportunity for thinking and problem-solving activities that challenge the brain. Give your dog challenges like a puzzle or interactive toy, scenting and nose work or games such as hide and seek or treasure hunt. Give them learning opportunities such as teaching new commands or tricks or teach them the names of each of their toys. It is not true that an old dog can't learn new tricks. Also, see "7 top dog puzzle toys" and "How to use a Kong for dogs"

### Physical or environmental enrichment for dogs

This is anything that enhances your dog's living space. Adding new things to your dog's environment can help to keep things a little more interesting. Suggestions may include:

*Digging pit* – using a toddler paddling pool filled with sand for them to dig around in. You can even hide their toys for them to find. See "Dog Toys for Diggers" for more ideas on providing digging enrichment for your dog.

*Tunnels and things they can hide under.* Use a tunnel-like the ones used in dog agility

*Mirror* – some dogs love playing with the dog in the mirror.

### Feeding enrichment for dogs

By using your dog's nose and brain, you can encourage them to use their natural hunting and foraging skills at mealtime. You don't have to feed your dog in a bowl. By putting their food in a puzzle food dispensing toy or hiding it under a blanket your dog will be happy to work for their food.

### Toy enrichment for dogs

This includes providing toys that can be manipulated with their paws or mouth to get a reward. This is usually food or a treat, but you can do things like putting their toy in a closed cardboard box and they have to figure out how to get to it. Toy-related suggestions may include:

*Remote and wind up toys* – supervise your dog for this as they may bite the toy to pieces and swallow the mechanics

*Flirt pole* – a flirt pole is like a bigger version of a cat tickler with a stick and rope with a lure or toy attached to the end. Move the lure or toy along the ground in circles or different directions and your dog will chase. This one is very popular with terriers and ratting breeds as it uses the very skills they would use to catch vermin.

*Chew toys and bones* – chewing is naturally very calming for dogs as they can hold stress in their jaw.

*Introduce new toys* – giving your dog a new toy will spark curiosity and interest.

### Sensory Enrichment for dogs

Sensory enrichment is anything that stimulates your dog's five senses which are sight, sound, taste, smell, and touch. Any sort of nose work would be included in this category. Other possible suggestions can include:

*Chicken or beef stock* – splash some chicken or beef stock around the property. It is best to dilute this a fair amount as stocks can be high in sodium.

*Chasing bubbles* – some dogs absolutely love this game. You can actually buy bacon and other flavour bubble solution just for dogs.

### Conclusion

Mental enrichment opportunities have to offer variety and a constant challenge. No matter how much fun they find something, doing it over and over will eventually become boring. Dogs are an intelligent animal and they need activity and mental stimulation that continues to offer a challenge. Be sure to switch up the mental games and activities to keep them feeling fresh and new. With a little imagination, there are countless ways to provide this crucial mental enrichment and mind stimulation for your dog.

A frustrated and bored dog is a dog that is unhappy and that will usually lead to problem behaviour. Overall health is in body and mind, and by ensuring that your dog gets both physical exercise and mental enrichment, and the right amount it will make life better for both you and your dog.

(the above article is from Barkercise.com)

**Check out some of the fantastic 'enrichment ideas' in the Rainbow Shop at the club, we have a great selection of Lickimats, kongs and snuffle mats.**

## TRICK TRAINING

**TRICK DOGS** is about having fun with your dog while learning new skills.

With an unlimited choice of fun and creative tricks and games the sky's the limit with enhancing you and your dog's development.

Suitable for dogs of all breeds, age, and abilities it is the perfect sport for any dog owner who wants to teach their dog something fun and new.

Tricks will also help keep your dog stay mentally stimulated and focused as well as a fun physical activity for your dog. Tricks is a great way to build on your communication skills and to help build a stronger bond with your dog

**So, why not do more with your dog and give tricks a go! .**



If you'd like more information, please speak to your Instructor, or come to the Rally / Tricks area and speak to Sonia or Brandon.

**Sundays mornings 9.30 – 10.30am**



# A Few Photos from Our Recent Ceremonies Congratulations Everyone !!

## February Graduates





# DOGGY DAY ON THE GREEN - Sunday 7th May 2023

11.00am - 2.00pm



A joint venture between City Of Charles Sturt and the City of Port Adelaide Enfield, Doggy Day on the Green is a fun, family friendly day as we share a whole heap of doggy-related tips, tricks, education workshops and demonstrations, along with some woof-tastic doggy businesses.

You will learn more about dog training, behaviour and communication and see what services are on offer for pet owners in Adelaide. It's a chance to chat to your animal management officers, take advantage of cheap microchipping and discover local pet-related businesses.

## **Doggy Day on the Green 2023**

**When:** Sunday, 7 May between 11am - 2pm

**Where:** Point Malcolm Reserve, Military Road at Semaphore Park

**Woodville Community Dog Training Centre will have a Marquee at the event so come on over and say hi on the day**

### **Some useful force free training links / Facebook pages:**

- [Do No Harm Dog Training](#)
- [Heal the Dog](#)
- [Canine Principles](#)
- [Spirit Dog Training](#)
- [Dogs Disclosed](#)
- [Kikopup Youtube Channel](#)



We are grateful to our **Ambassador - Mayor Angela Evans** and also **our sponsors** for their ongoing support

## Findon Veterinary Clinic

221 Grange Road, Findon  
Phone: 8347 3444



## Seaton Vet Centre

342 Tapleys Hill Road, Seaton  
Phone: 8155 5200



The Findon Veterinary Clinic, and the Seaton Vet Centre, are owned, and run, by Dr Ian Hogben. They are both staffed with the same experienced vets, and nurses, so you know you'll get the same great treatment at either facility. However, the Seaton Vet Centre is larger, so it does have extra facilities available.



## Super Dog Boutique

***A well-groomed dog is a happy dog.  
At Super Dog Boutique we keep your dog looking, and feeling great with a variety of professional grooming services.***

- ◆ We have experience with all dog breeds, and sizes.
- ◆ Our team will give individual attention to your dog, and pamper them from head to tail.
- ◆ Recommended by vets.

### **Services We Offer:**

- Dog Bathing & Blow Dry
- Dog Clipping & Groom Out
- Nail Clipping
- Pampering of your special family member



**2010 & 2011 Winner  
BEST GROOMER - Hilary Thomas**

***Caring for local pets for over 25 years.***

***Come and see Hilary and her friendly staff at  
Shop 9/574 Tapleys Hill Road, Fulham  
Phone: 8355 4599 or mobile: 0409676074***



Please check our website (under  
'Our Ambassadors and Sponsors')  
to find out more.